

Terms of Agreement “Over 18 years of Age”

By clicking on “I agree,” you agree, warrant and covenant as follows: Thank You for participating in the Boot Camp in the Park. By reading and acknowledging the waiver below, you accept the terms of this agreement. We appreciate your support. As a participant in this activity, I, for myself, my executor, administrators, parent or legal guardian, siblings, heirs, devisees and assigns do hereby discharge the Columbia Association, HC Department of Recreation and Parks, HC Public School System, We Promote Health, and other participating organizations associated with this activity, including companies, individuals, successors and assigns, officers, directors, and employees from any and all liability arising from or in any way connected to this program, from all claims of damages, demands, actions and causes whatsoever in any matter arising or growing out of my participation or that of my child in the program. The We Promote Health & Get Active Howard County web pages are provided as a service. All activities conducted through these web pages are intended as a public service for which no goods and services have been provided.

Boot Camp in the Park participants agrees to indemnify the Columbia Association, HC Department of Recreation and Parks, HC Public School System, We Promote Health, and other participating organizations and individuals associated with this activity, including companies, successors and assigns, officers, directors, and employees from any fees and expenses incurred as a result of the breach of any contractual obligations of the participant.

I give my full permission for the use of my name and photograph at this activity. I also give full permission for such first aid as deemed necessary to be provided to me or my child on the premises or prior to transport to a hospital for further treatment. If I am under the age of 18, my parents have consented to my participation in the Boot Camp in the Park activity. When I am on the premises of any location or at an approved sponsored activity, my parents have given their consent for me to participate in the Boot Camp in the Park Participant Agreement Terms and Conditions on my behalf.

Content Disclaimer

The Boot Camp in the Park or its sponsors do not exercise any editorial control over the information you may find on the web pages. Opinions expressed on the web pages do not necessarily represent the official views of the sponsors.

Official Release

I hereby release the Columbia Association, HC Department of Recreation and Parks, HC Public School System, We Promote Health, and other participating organizations and individuals associated with this activity, including companies, successors and assigns, officers, directors, and employees from any and all liability arising from or in any way connected to this program. I understand that I voluntarily and knowingly assume any and all risks of injury or damage, which I or my child might suffer as a result of my/his/her participation in said activity. I further declare that I have read the foregoing carefully and I am aware of all the circumstances and ramifications connected with the subjects(s) of this Official Release.

Disclaimer for Physical Activity: The sponsors and their agents assume no liability for persons who undertake physical activity. The American College of Sports Medicine states that most people can and should exercise. However, there are individuals who should get their doctor's permission prior to beginning an exercise program. Anyone with an unstable medical condition will want to seek an exercise prescription from their doctor. Injury may also require an individual to wait for the healing to be complete prior to beginning exercise. If you have cardiac, pulmonary, or metabolic disease, you should begin your exercise in a medically supervised environment.